



SALAD INGREDIENTS

- 1 head romaine, chopped
- 2 avocados, diced
- 2-3 cooked red beets, diced (you can buy beets pre-cooked)
- 4 scallions, thinly sliced
- ½ cup cherry tomatoes, halved
- 1 cup chickpeas
- 3 pepperoncini, sliced

DRESSING INGREDIENTS

- 1 tsp Dijon Mustard
- 1/2 squeezed lemon
- 2 TB extra virgin olive oil

INSTRUCTIONS

1. Begin by making the dressing. Combine the Dijon and lemon, then slowly stream in the olive oil, whisking constantly. Season to taste with salt and pepper.
2. Lay a bed of lettuce on a serving plate and top with the assorted toppings. Drizzle with dressing to finish.